

Shapes and wiggles

Use the sensory scarf in your pack and trace different shapes – wiggly lines, zig zags, circles, waves:

- In the air for your child to follow with their eyes
- On their arm, leg or hand
- Big sweeping shapes with the scarf
- Small, tiny shapes with your fingertips

Try this:

- Make up a Shapes and Wiggles song to sing together
- What shapes can your child make with their body?